

Model Me Kids
Video Modeling DVDs

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MAAP Services is a nonprofit organization dedicated to providing information and advice
to families of individuals with Autism & Asperger Syndrome

Model Me Kids videos demonstrate social skills by modeling peer behaviors in various environments. These videos were designed as a teaching tool for children, adolescents and teenagers with Autism, Asperger Syndrome, PDD-NOS, Nonverbal Learning Disorders and developmental delays. There are six videos currently available: Time for School (Teaching Manual and Student Workbooks are also available), time for a Playdate, I Can Do It!, Model Me conversation Cues, Model Me Friendship, and Model Me Tips and Tricks. Each one of these videos has about twelve chapters with various social skills broken down step by step for that particular environment. For example, the Time for School DVD breaks down the following social skills: Say Hello, Listen to the Teacher, Share, Say Sorry, Hands to Myself, Show Interest, Sit Quietly, Raise My hand, Library Behavior, Playground Behavior, Take Turns, and Self-Calming. Each chapter is narrated by a peer, demonstrated by peers and ends with a storyboard with the rules written and illustrated in a story form. In addition to the DVD, a second DVD is included with printable storyboards for each social skill.

Both Susan Moreno (Director of MAAP Services) and I had the opportunity to review these videos and we were both very impressed with the quality. The videos are great not only because the skills are modeled by peers, but also because the skills are broken down step by step and then reviewed using the storyboards which have actual pictures of the scenes depicted in the video. They also use arrows and other graphics to draw the viewers' attention to the certain cue or body language used in the social skill. We also like that each social skill (or chapter) is only a few minutes in duration. This allows multiple viewings of the same chapter for repetition in a very short amount of time. Both Susan and I highly recommend these videos for schools and/or use at home.